

## *DIVISION OF STUDENT AFFAIRS*

The Division of Student Affairs assists students in all aspects of their ECU experience, which involves services, programs, and learning experiences gained through out-of-classroom activities. Student Affairs interacts with students through organized services and programs to create a campus responsive to individual student needs. The mission of ECU's Student Affairs division is to provide quality services, leadership experiences, and learning opportunities that promote personal development and student success.

The following departments and areas are part of the Division of Student Affairs:

1) Campus Recreation, 2) Career Services, 3) Community Service and Student Engagement, 4) Counseling Center, 5) First Year Programs, 6) Greek Life, 7) Meditation Chapel, 8) Multicultural Student Affairs, 9) Regional Campus Student Affairs, 10) Student Health Services, 11) Student Health Promotion and Education, 12) Student Involvement and Leadership, and 13) University Housing.

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### **1) Campus Recreation**

SRC 105, Fitness and Wellness Center

Phone: 859-622-1244

Fax: 859-622-6754

<http://www.campusrec.ecu.edu>

The Department of Campus Recreation provides a variety of diverse facilities and recreational opportunities to the university community. The department promotes physical, emotional, and social growth of students, faculty and staff by encouraging the development of lifelong skills and positive attitudes through recreational activities. There are five areas within Campus Recreation: facilities, fitness, adventure programs, intramurals and massage therapy.

Campus Recreation oversees the operation of the **Fitness and Wellness Center**. The Fitness and Wellness Center is a state-of-art facility which includes:

- **Full line of weight and fitness equipment**
- **Locker Rooms**
- **Indoor Track**
- **Student Lounge with computers and big screen television**
- **Group Exercise Rooms**
- **Multipurpose gymnasiums**
- **Climbing Wall**
- **Bouldering Wall**
- **Full Swing Golf Simulator**

The department is also responsible for the Burke Wellness Center, Begley and Weaver gymnasiums, outdoor basketball courts and intramural field complex.

**The fitness program** is dedicated to enhancing the physical well-being of our students and faculty/staff members. A variety of group fitness classes are offered each week in our 2,000 square foot group fitness studio and are taught by trained, motivated & friendly instructors. All fitness levels are welcome and each group fitness class is offered at no charge.

Classes include:

- **Step**
- **Pilates**
- **Cardio Conditioning**
- **Kickboxing**
- **Toning**
- **Tai Chi**
- **Yoga**
- **Group Cycling**

For those who need a more personal touch, we offer very affordable personal training by certified personal trainers. Personal training is a great way to attain one-on-one instruction incorporating exercise plans, goal-setting and health education.

**Adventure programs** offers outdoor trips ranging from an afternoon to a week (or more), and workshops that will teach you new skills! We offer a variety of trips and workshops each semester. Previous trips have included: **hiking and camping, backpacking, kayaking/canoeing, spelunking, white water rafting, climbing, canyoneering.** The climbing wall is an exciting and engaging alternative to traditional exercise. The indoor climbing wall is a simulated rock formation with numerous hand and foot holds that provide mental and physical challenges to build strength, endurance, and self-confidence. The bouldering wall is climbing without ropes. It is a great way to learn climbing techniques and gain strength.

**Intramural sports** have been a campus tradition at ECU for over 50 years. Students play with their friends or organizations and compete against fellow Eastern students. Examples of activities offered are flag-football, soccer, volleyball, corn hole, dodge ball, golf, basketball, and much, much more. There are also numerous individual and dual events.

Campus Recreation is excited to offer **Massage Therapy**. These days massage isn't just for feeling good anymore. It is a holistic therapy that reduces the heart rate, lowers blood pressure, increases blood circulation and lymph flow, relaxes muscles, improves range of motion, and increases endorphins, the body's natural painkillers. Therapeutic massage enhances medical treatment and helps people feel less anxious and stressed, relaxed yet more alert. It had been said that, "Massage is to the human body what a tune-up is for a car."

Campus Recreation employs a licensed massage therapist who offers several types of massage therapy:

- **Myofascial Release** is a gentle therapy, consisting of a mixture of light stretching and massage work. During a session, the therapist will apply hands-on massage strokes in order to release tension from the fibrous bands of the muscles, bones, nerves and joints, by unblocking any scar tissue or adhesions due to injury in the muscles and surrounding tissues.
- **Deep Connective Tissue Massage** is a form of intense massage that aims to release myofascial (connective tissue) restrictions in the body, and to break up any restrictive scar tissue. It has also been known to help relieve chronic tension, to increase the body's range of motion, to improve posture and to enhance the natural harmony of the entire body and mind.
- **Cranio-Sacral Therapy**, or CST, is a gentle, hands-on manipulation of a physiological body system called the cranio-sacral system. This system is comprised of the soft tissue and bones of the cranium (or head), the spine and the pelvis. Massage therapists that

perform cranio-sacral therapy also target the membranes and cerebrospinal fluids that surround and cushion the brain and spinal cord from injury during a therapy session.

- **Therapeutic Massage Therapy** is a general term for medical or therapeutic treatment by massage. It is considered a holistic therapy as it reduces the heart rate helping to relax all the muscles of the body. It also helps lower blood pressure, improves blood circulation, improves the lymphatic system, and increases the release of the body's natural painkillers (such as endorphins).
  - **Hot Stone Massage** Stone massage is a form of bodywork bringing relief to areas of tension that involves the application of heated stones to the body during deep tissue massage. The heat of the stones allows the muscles to relax at a deeper level.
  - **Pre-Natal Massage** This massage focuses on the needs of the mother-to-be as her body goes through the extraordinary changes of the childbirth experience. The massage is for the mother-to-be who is in her second or third trimester. Long, gentle strokes help the muscles to relax while reducing pregnancy issues such as low back pain, neck discomfort, and foot fatigue.
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## 2) Career Services

Student Services Building 463

Phone: 859-622-1568

Fax: 859-622-1570

[career@eku.edu](mailto:career@eku.edu)

[www.career.eku.edu](http://www.career.eku.edu)

Career Services assists students who are seeking employment and/or clarifying their career direction. The career services staff is available by appointment to discuss individual job search questions.

### • Career Exploration

For students who have a tentative career direction or major in mind, Career Services can help by providing information on: what students can do with a major..., career paths, supply and demand, destinations of past graduates, salaries, and potential employers. Online career planning tools, are available to help students explore their interests and provide detailed information on a wide variety of occupations.

### • Part-time Job Program

The Part-time Job Program allows students to get connected with the community by listing part-time jobs, temporary and summer assignments for local and regional businesses. Students who participate in the program gain real world experience in the workforce while networking in the community.

### • Career Preparation

The Career Services staff offers individual appointments, seminars, career fairs and other resources to help students with career preparation. These areas include resume and cover letter writing, tips on job search strategies, internet job searching, professional dress, dining

etiquette, interviewing skills, application to graduate and professional schools, and assistance in identifying and connecting with employers.

• **EKU JobLink**

This easy to use and innovative system gives students and alumni access to great career opportunities. ECU JobLink provides current part-time, internship and full-time job listings; info on graduate and professional school opportunities; on-going notification of on-campus interviews and job fairs; access to ECU's employer database; and targeted online resume books.

• **Faculty Resources**

The staff is available for class presentations and is happy to incorporate their services into the classroom curriculum. Resources are provided on the Career Service's website on legal and ethical guidelines for referring students, writing reference letters and more.

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### **3) Community Service and Student Engagement**

128 Powell Building

Phone: 859-622-3855

<http://www.studentlife.eku.edu/communityservice/>

#### **WHO WE ARE**

The Office of Community Service and Student Engagement, a part of the Office of Student Life, oversees the University's community service programs. The Office also coordinates opportunities for students to give back through service both on and off campus. Whether it's to fulfill a class requirement or just because they want to get involved, students looking for volunteer opportunities can visit the Office of Community Service and Student Engagement to get connected with local volunteer and leadership opportunities that meet their individual needs and fit their busy schedules!

#### **WHAT WE DO**

- Promote a culture of service to the ECU community to enhance student learning and personal development while teaching the need for civic responsibility and life-long service.
- Expose ECU students to diverse cultures and populations through community service activities.
- Provide a centralized location for ECU students, faculty and staff to connect with local community organizations.
- Work with Registered Student Organizations (RSO's), Living Learning Communities, and individual students to counsel and connect them with local volunteer and leadership opportunities.
- Provide local community organizations with an accessible location on the ECU campus to publicize volunteer opportunities and recruit student leaders.

## PROGRAMS

**Part-Time Job and Volunteer Fair:** The ECU Part-Time Job and Volunteer Fair is an occasion for ECU students to learn about the numerous volunteer opportunities in Madison County and the surrounding region. This event allows ECU students, faculty and staff the opportunity to speak directly with representatives from local nonprofit agencies and other organizations regarding specific volunteer needs.

**Alternative Spring Break:** The ECU Alternative Spring Break Program places teams of ECU students in communities throughout the United States to engage in volunteer service and experiential learning during their spring break. While meeting identified community needs volunteering for local community agencies, ECU students will become more educated and experienced in all sides of a social issue such as homelessness, hunger, poverty, disaster relief, literacy, or the environment. Participating in the ECU Alternative Spring Break Program provides students the opportunity to develop into engaged and mindful citizens who engage in meaningful service to address unmet needs in their communities.

**Freshman Service Project:** During New Student Days ECU students will have the opportunity to participate in a one-time service project meeting an identified need in Madison County. Whether helping to build a house, painting a homeless shelter, or organizing items in a food pantry, students have the opportunity to start off the year showing off their talents and skills to their new community all while making new friends and having fun.

**Council and Connect:** Whether it's to fulfill a class requirement or just because they want to get involved, students looking for volunteer opportunities can visit the Office for Community Service and Student Engagement (located in Powell 128) to be connected with local volunteer and leadership opportunities that meet their individual needs and fit their busy schedules!

**Other Programs:** The Office of Community Service and Student Engagement oversees the development and implementation of several University sponsored programs including the ECU Make a Difference Day, Martin Luther King Jr. Day of Service, and the ECU Holiday Giving Program. Sign up to receive weekly emails announcing how you can get involved with these and other service opportunities!

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**4) Counseling Center**  
Student Services Building 571  
Phone: 859-622-1303  
Fax: 859-622-1305  
[www.counseling.eku.edu](http://www.counseling.eku.edu)

The University Counseling Center offers services designed to promote the success of students in achieving their academic, social and personal goals. The Counseling Center staff consists of psychologists and counselors who provide personal and career counseling both individually and in groups. Counseling is offered on a short-term basis. Referral is provided when the need for

counseling services is beyond the role and scope of the Counseling Center. Substance abuse assessment and counseling are also available at the Counseling Center. Psychiatric services are available on a limited basis. Counseling relationships are considered confidential as delineated by the APA Code of Ethics and Kentucky state law. Current students are eligible for counseling services.

- **Counseling Services**

Counseling is viewed as another form of learning while in college. Typical college student concerns that may result in counseling: adjustment to college, interpersonal conflicts, dealing with loss, test anxiety, time management, stress, academic pressures, anxiety, depression, motivation, making healthy decisions, traumatic experiences, eating concerns and choice of a major. Students can make appointments by calling 622-1303 or by dropping by the Counseling Center. When it is determined that the needs of the student are beyond the role and scope of the Counseling Center, referral to the appropriate service provider is offered. Designated hours are available each day for crisis situations during which students and/or concerned others can meet with or speak to a counselor in a timely manner.

- **The Career Counseling Seminar (GCS 199-one credit hour)**

This course is offered each semester for students who are unsure of their majors and career direction. Forty sections are offered each year and are taught by the Counseling Center staff and part-time staff.

- **“Tuesdays with the Counseling Center”**

The Counseling Center offers workshops to address top mental health concerns. Top student issues include: stress management, procrastination, time management, ingredients of effective relationships, study skills and test anxiety.

- **Services for Faculty and Staff**

The Counseling Center staff also provides consultation to the university community on referral and how to be most helpful to the distressed student. When a faculty member wishes to refer a student for immediate help, it is recommended that the faculty member call and speak with a counselor for consultation to discuss the appropriate action. Guidelines for faculty on how to identify troubled students and referral to the Counseling Center can be found at <http://www.counseling.eku.edu/facultystaff>.

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## **5) First Year Programs**

372 Student Services Building

Phone: 859-622-1682

E-Mail: [FYP@eku.edu](mailto:FYP@eku.edu)

<http://www.firstyear.eku.edu/>

The mission of the Office of First Year Programs is to aid in the transition to college for first-year students and their parents by providing useful and timely information in a professional manner. The office of First Year Programs is committed to encouraging first-year students to

grow socially and academically and to respect themselves and all others in the Eastern Kentucky University community. The Office of First Year Programs is committed to delivering orientation services to all students and their families.

- **Orientation**

The orientation program is phase one of the first-year experience for new students. During orientation, students and families visit the campus, meet with faculty, staff, and students, and learn more about life at EKU. Students will register for their first-semester classes.

Representatives from many areas will be available during orientation to answer questions about financial aid, tuition payment, housing, dining services and tutoring services.

- **New Student Days**

The New Student Days Program is phase two of the first-year experience at EKU. New Student Days is held a few days before classes begin in August. At this time, all new students are able to move into the residence halls before the returning students arrive. The purpose of this program is to enable students to meet other new students and participate in a wide variety of campus activities. The President's Picnic, educational sessions, comedians and lots of free food are just some of the highlights! Students also have time to get books for classes, find classrooms, meet with faculty and get advice from current students. All new students are required to attend.

- **Orientation Class**

The orientation class is phase three of the first year experience for EKU students. The class is either one or three credit hours and is offered to all new students. This class serves as an overview of college life. Topics covered in the class include academic policies, adjusting to college, critical thinking, finance management, time management and career development. The orientation class also serves as an important first step to learning about studying, note-taking and succeeding in the classroom.

- **EKU Reads Project**

The EKU Reads Project is a summer reading assignment given to freshmen the semester prior to their enrollment. It is designed to provide new students with a common introduction to academic life at EKU. All incoming freshmen receive a free copy of the selected book at Orientation.

Each fall semester EKU engages in a campus wide discussion of the book during New Student Days. The EKU Reads project is facilitated by a faculty committee with a faculty chair who works with First Year Programs.

- **Colonel Camp**

Colonel Camp was established in 2007 to allow 150 new students to get a jump start on college life through experiential learning and leadership training. The camp takes place one week before classes begin and all participants assist as student leaders during move in day in August.

- **Family Programs**

The Eastern Family Network was started in the summer of 2000 as part of an effort to get parents and other family members involved in EKU. By informing family members about campus happenings we hope they will be supportive and engaged in the educational process with their student. Family Programs also facilitates planning for Family Weekend, a Family Network

Calendar, 4-6 annual events throughout the school year, and a Family Resource page on the EKU First Year Programs web site.

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## 6) Greek Life

136 Powell Student Center

Phone: 859- 622-2050

Fax: 859-622-6598

<http://www.studentlife.eku.edu/greekaffairs>

It is the vision of the EKU Greek Community to pursue a common goal of excellence through scholastic achievement, cooperation, and service to others. This vision shall be obtained by maintaining a positive attitude and respecting the ritual of each fraternal organization.

- **Leadership:** Membership in the Greek Community at Eastern Kentucky University provides an outlet for exercising responsibility, creativity, and leadership. Greek Life also fosters the development of cooperation and acceptance of responsibility as part of leadership development. A member's campus involvement contributes to the growth and success of their chapter and certainly provides opportunities for personal development and future success. Greek organizations provide many leadership opportunities which will help one prepare for the challenges of the working world. Greek members continue to learn how to work with others efficiently whether it is a study group, homecoming float, community service project, intramurals, or a social event.
- **Scholarship:** As a member of a Greek organization, you will be charged with continuing a fraternity's or sorority's tradition of scholastic excellence. This effort is achieved through programs aimed at enhancing study habits, time management skills, and overall academic achievement. The overall Greek Life GPA is consistently above the undergraduate GPA.
- **Philanthropy:** All sororities and fraternities sponsor national and local. Giving back to the local community through service is a very important component to Greek Life. Many non-profit organizations benefit from the service and fund-raising efforts of EKU Greek members.
- **Social:** Social involvement is an integral part of the Greek experience. The activities provide opportunities for meeting new people and developing lasting relationships.
- **Campus Activities:** EKU Greeks take an active role in campus-wide activities. Participation and involvement in all areas of campus life are essential to the development of a well-rounded student.
- **Greek Week:** Each spring semester the Greek Community of EKU celebrates Greek Week. Some Greek Week activities include an all-Greek Inspirational Service, Greek Sing, Philanthropy Projects, Kids Carnival, Faculty/Staff appreciation, Community Appreciation lunch and Greek Games. The week is full of fun and energy, concluding with an awards ceremony where chapters and members are rewarded for their hard work over the past year.

Eastern's Greek community has been growing since the 1970's and continues to reach new heights today. Being a part of a social Greek organization will offer many opportunities. Greek organizations are well rounded combinations of friends, opportunities, leadership, scholarship, philanthropy, and last but not least, a home away from home.

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### **7) Meditation Chapel**

University Chaplain

(859) 622-1723

<http://www.studentlife.eku.edu/chapel.htm>

The chapel of Meditation is the realization of a dream begun in 1968 when the Eastern Kentucky Alumni Association adopted the Century Fun Project to Finance a non-denominational chapel. The Chapel stands as a testimonial of the love and devotion of the alumni, faculty, students and friends, a fit to commemorate the 100<sup>th</sup> anniversary of higher education on the Eastern campus.

The chapel is non-sectarian and is open to students, faculty, staff, alumni, and friends of the University for meditation, prayer, and spiritual reflection. The chapel is also used for many several other events things such as:

**Weddings      Memorial services      Sorority/Fraternity events**

**Religious organization events and services**

**Academic Department meetings      Honor Society events      Athletic events**

The University Chaplain's office is located in the basement of the chapel. The Chaplain coordinates the various activities of the chapel and is available to perform weddings. Besides providing a peaceful and serene setting for prayer and meditation, the chapel is used to house various student organization meetings and services, weddings and annual memorial services.

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### **8) Multicultural Student Affairs**

Powell Student Center, Room 110

Phone: (859) 622-4373

<http://www.studentaffairs.eku.edu/multicultural/>

Multicultural@eku.edu

Multicultural Student Affairs is an office that seeks to bring issues of cultural diversity to the foreground of campus conversation through educational programs and services. As a department within the Division of Student Affairs, this office exists primarily to serve all students as they question personal and collective notions of race, ethnicity, sexuality, ability and culture. Multicultural Student Affairs encourages the utilization of campus resources, participation in campus life, understanding and respecting cultural differences, and encouraging tolerance and inclusiveness. The Office of Multicultural Student Affairs is actively engaged in collaborative efforts with other departments and academic areas on campus and provides co-curricular learning

experiences. The office also encourages use of the ECU Cultural Center by faculty, staff and students. Multicultural Student Affairs promotes life-long learning and global citizenship by providing the following programs and events:

- **Workshops and training on cultural awareness, sensitivity and competence**
- **Panel Discussions and Brown Bag lunches on diverse topics and issues**
- **Hispanic Heritage Month Events**
- **Black History Month Events**
- **Disability Awareness Programs**
- **Mix-It-Up Lunch**
- **National Coming Out Day Events**
- **Religious Diversity Programs**
- **Cultural Excursions**
- **Poetry Slams/Spoken Word Programs**
- **The Aids Quilt Memorial**
- **Real Women's Brunch**

The MCSA office also supports the efforts of various ECU student organizations such as R.E.A.L. Men (Responsible, Educated, Accountable, Leaders), Black Union, FUSION (Multicultural Club), ECU Gospel Ensemble, OWLS (Older Wiser Learners), Pride Alliance and the International Student Association.

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### **9) Regional Campus Student Affairs**

Student Services Building, Room 532

Phone: 859-622-2052

Fax: 859-622-2402

It is the mission of the Coordinator for Student Affairs at the Regional Campuses to serve as the liaison with each department of the Division of Student Affairs in Richmond. This office has a commitment to provide a student life experience outside of the classroom for the students at the Corbin, Danville and Manchester campuses. The office strives to assist students through programs activities, events, learning opportunities and leadership. The office plans and promotes many programs and events including:

- Maroon Days
- Student Activities
- Career Preparation & Development
- Intramural Sports
- Cultural Trips
- Physical & Mental Health
- Clubs & Organizations
- College experience enhancing programs

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### **10) Student Health Services**

Rowlett Building, Room 103

Phone: 859-622-1761

Fax: 859-622-1767

<http://www.healthservices.eku.edu/>

The mission of Student Health Services at EKU is to provide our students with the best quality acute ambulatory medical care in a compassionate environment, while providing education on healthy life styles from which our students can benefit for the rest of their lives.

Student Health Services has three primary goals: **First**, to address any acute medical condition that threatens health, interferes with function, reduces performance, and serves as an obstacle to learning and personal growth. **Second**, to educate our student body on healthy lifestyle choices that promote wellness and reduce the chances of disease. – The Preventive approach. **Third**, to serve as a source of information and access to community based assistance programs.

Services provided at the Health Center include:

- **Outpatient Acute Medical Care**
- **Allergy shots**
- **Basic Laboratory Tests**
- **Family Planning Clinic**
- **X-Ray Requests**
- **Tuberculosis Skin Testing**
- **Certain Immunizations**
- **Health Education**
- **Pregnancy Testing**
- **AIDS Education / Testing referral**

A variety of free pamphlets, booklets, and other materials are available at the SHS. Students may utilize the computer terminal with Internet access in the SHS lobby to look up health related topics of interest.

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## 11) Student Health Promotion and Education

Rowlett Building, Room 103

Phone: 859-622-6221

<http://www.healthservices.eku.edu/HEAT/>

The Office of Student Health Promotion and Education works in partnership with students, faculty, and staff to promote optimal health. Our mission is to share information, develop skills and empower students to make healthy lifestyle choices. We support health and wellness throughout the university community and provide opportunities for university-wide collaboration. Programs like Take Back the Night, Rock Against Rape and Rocksoberfest educate students and community while providing fun events for students to be a part of.

Some of the issues addressed by the office of Student Health Promotion and Education include:

- **Healthy Relationships, Domestic Violence and Sexual Assault**
- **Sexually Transmitted Diseases**
- **Alcohol and Substance Abuse**
- **Stress Management**
- **Tobacco Use**
- **Breast and Testicular cancer awareness**
- **Diabetes Awareness**
- **Peer Education**
  - **Health Education Action Team (H.E.A.T.)** A team of peer educators whose mission is to educate fellow students on healthy lifestyle choices. The team concentrates on issues pertinent to college students, and advances its message through events organized and presented in collaboration with other departments of the University and community agencies, both in and out of the classroom. H.E.A.T. is a campus organization that is geared towards empowering students with knowledge and facts concerning health issues. Our aim is not to enforce ideas but, to assist students in making better informed decisions.
  - **Men Advocating Awareness about Rape and Sexual Assault (M.A.R.S.)** This group provides educational programming to all students on campus on Rape and Sexual Assault issues. They utilize the MVP (Mentors in Violence Prevention Program) model and generally present programs in teams. M.A.R.S also sponsors the yearly Take Back the Night and other awareness events.

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## 12) Student Involvement and Leadership

128 Powell Building

Phone: 859-622-3855

Fax: 859-622-6598

<http://www.studentlife.eku.edu/>

The Office of Student Involvement & Leadership provides numerous activities to ECU students, which include registered student organizations, leadership development opportunities, and social events. The office also provides unique educational sessions to assist students in their collegiate holistic development inside and outside the classroom. In addition to academic programs, the University provides many services and activities that promote mental/physical health and social/academic well being. There are several ways to get involved. ECU is home to more than 170 registered student organizations in nine different categories:

- **Activity/Interests**
- **Residence Hall Councils**
- **Club Sports**
- **Departmental**
- **Honorary**
- **Social Fraternity**
- **Social Sorority**
- **Service**
- **Religious**

The mission of the Leadership Development program at Eastern Kentucky University is to support the development of leadership skills among current and emerging student leaders through conferences, classes, workshops, consultations and a resource center.

### • **Workshops and Seminars.**

The Office of Student Involvement & Leadership offers many educational programs ideal for meetings, special events, and informal gatherings. Topics include: goal setting, group dynamics, time management, ethics, diversity, motivation, recruitment/retention, stress management, women and leadership, assertiveness, leadership styles, conflict management, and FISH! for college.

### • **Leadership Class: GSD225**

This seminar course is designed to introduce current and emerging leaders to leadership theory and development. Information will be provided through group activities, guest speakers, role playing, class discussions, and assignments.

### • **E-LEAD Eastern's Leadership Education and Development**

E-LEAD is a leadership development initiative that has been created by Student Affairs professionals and focuses on the person growth of young aspiring leaders. To strengthen Registered Student Organizations, E-LEAD also provides ongoing developmental workshops and activities. All ECU students have the opportunity to participate.

## • Student Activities

“You can go to college and earn a degree or you can get involved and receive an education.” (Author Unknown) Here at ECU the Office of Student Life is dedicated to making sure that every student has the opportunity to get involved. Thursday Alternative Getaway (TAG), Breaking Point Music Series, Student Activities Council, and One Night Stand Comedy Series are excellent programs geared toward entertaining ECU Students, Faculty, Staff and the surrounding community. Whether you want to be involved in the planning process, perform technical functions at the show, or simply show up and enjoy the entertainment, there is something for everyone! Breaking Point is our music series that explores a variety of different musical genres in this diverse society. TAG is designed to be an alternative social choice for Thursday nights in an attempt at substance free programming. TAG takes place every Thursday at various locations throughout the campus. One Night Stand Comedy Series features a diverse array of comedians who perform at some of the most prestige venues including some of the top comedy clubs in the nation. TAG, Breaking Point, and One Night Stand are all FREE events that are open to all. The Student Activities Council (SAC) is a branch of the Student Government and provides many great entertainment opportunities throughout the year. We will see you at the show!

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### 13) University Housing

Student Services Building 552

Phone: 859-622-1515

Fax: 859-622-8384

<http://www.housing.ecu.edu/>

University Housing is dedicated to providing a variety of housing options that best meet the needs of all ECU students. The residence halls are living environments dedicated to best supporting students' ability to live, learn, work, and play while attending ECU.

As students come to campus, they come with a variety of thoughts, ideas, and requests when it comes to their housing arrangements. Students living on campus at ECU can choose their halls by gender designation (all male, all female or co-ed), amenities offered (basic room, rooms with sinks, suites or a limited number of efficiency apartments), or by preference in learning communities.

Our living learning communities are floors or entire halls whereby students with similar academic or social interests live. These floors have set curriculum that guide and direct their programming and social activities. Nationally, as well as here at ECU, research supports that students, particularly first year students, who live in these communities have higher GPAs and are retained to the University at a higher rate than those students not living in learning communities.

With the involvement of many faculty and staff members at EKU, the learning communities have grown and developed substantially over the past several years. For the 2008-2009 academic year, the following learning communities are available for students:

### *Academically Based*

#### **Business and Technology**

Focused on Business and Technology students majoring or emphasizing in the following areas: Accounting, Administration Communication, Agriculture, Finance, Horticulture, Information Systems, Insurance, Management, Marketing, and Real estate. This community is located in Keene Hall just a few short steps away from the new Business and Technology building and the Carter building.

#### **College of Justice and Safety (NEW in 2008-09!)**

These floors are dedicated to males and females majoring in the College of Justice & Safety. Students can look forward to making friends with others in their college through social and teambuilding activities, study groups, guest speakers, and professional development programs planned in relation to their interests and classes.

#### **Education**

The Education floor will be comprised of female Education majors interested in finding connections with their peers. Focus will include faculty interaction, volunteer opportunities with local youth, study groups, arts and craft nights and fun group activities! In addition residents of this community will learn about and participate in *America's Promise*, a national community service initiative dedicated to meeting the needs of children everywhere.

#### **Honors**

Residents in the Honors community enjoy living in Sullivan Hall with their peers from the Honors Program. Activities in this hall are focused on Honor student interests, provides opportunities for study groups and discussions and offers time with Honors Faculty outside of the classroom.

#### **Health Sciences**

The Health Sciences floor will consist of females in any of the Health Science fields. Members of the Health Sciences floor can look forward to programs and opportunities focused on topics in the Health Science areas including study groups, faculty interaction and social opportunities. Join this new community in McGregor Hall.

#### **WILL (Women Involved in Living and Learning) (NEW!)**

WILL is a community to explore women and gender issues, offering a minor and certificate in Women and Gender Studies by providing courses, programs, events, mentoring and scholarships to raise awareness and advance gender equity.

### *Special Interest Based*

#### **ConneXtions**

Designed specifically to connect freshmen to each other and to the campus as a whole. Your first year experience is enhanced when you live in and participate in the programs that occur within a ConneXtions Hall. Programs include a variety of social events, trips to the theater,

community service, study skills support, life skills, campus traditions and much more.

### **COOL**

(Community Outreach Opportunities League)

Residents of the COOL floor enjoy a strong sense of community and satisfaction derived from their community service experience. COOL students will have the opportunity to work with a variety of campus, Richmond and Kentucky Regional non-profit organizations. If you enjoy community service, check out our community service floor.

### **Fine and Creative Arts (NEW in 2008-09!)**

The Fine and Creative Arts community is open to anyone interested in participating in the Arts. In addition to student rooms some spaces in this building will include studio, practice and performance spaces allowing residents to use, practice, perform and display their talents.

### **Next Steps**

Focuses on your college career by helping in internships, graduate school, and career exploration while providing the support you need. To be eligible you need to have lived on campus for at least two semesters or have completed 48 college hours of coursework. This community is located in Combs Hall so come and join.

### **Outdoor Pursuits**

Do you enjoy hiking, camping, fishing, rock climbing or other outdoor activities? Well come and enjoy the Outdoor Adventure Community located in Todd Hall.

### **Sophomore Overdrive**

Part of the "Next Steps" program this community helps you transition into the sophomore year at EKU, while enjoying your stay in Combs Hall

### **SWOOSH (Students Working Out on Staying Healthy)**

A health and wellness community for students who enjoy sports, working out, a healthy lifestyle, and intramural sports. Located in Todd Hall, SWOOSH will make a lasting impression!

### **W.I.T.T. (Women's Interests of Today and Tomorrow)**

W.I.T.T. focuses, explores, and celebrates issues that are unique to women. Come and join this community in Walters Hall

Eastern Kentucky University does have a Board of Regents approved residency requirement for students. All single, full time undergraduate students under the age of 21, having fewer than 60 credit hours, or having lived in a residence hall less than four academic semesters (fall/spring) are required to live in University residence hall facilities. Exception is made for students residing with their parent(s) in their parent's principle residence within 50 miles of the Richmond campus. Students living with parents must submit a verification form which is available through the housing office or the department web page. Students may request exemption to the residency requirement under specific circumstances to the Director.